



Brentwood Gymnastics Club

EOY NEWSLETTER



All too quickly, it has come around again

But so much has happened this year which has impacted us all. Who could have predicted such a year ?

But we have now made it out of lockdown in time for Christmas.

Schools will also soon finish and the children will be on school holidays.

Unfortunately, COVID-19 will continue to impact everyone's lives. We go forward aware of the risks and the possibility of a "third wave". We hang on waiting for a vaccine. In the meantime we need to maintain our social distancing, wear a mask and to take care and continue to adopt safe hygiene practices.

On reflection, it has been nothing short of a very challenging year for everyone at BGC either directly or indirectly. Fires, floods and a pandemic which brings upon tragic loss of life here and around the



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world through the illness itself and associated causes. The Club Committee wish to express their deepest sympathy to those families who have lost a family member, friend or livelihood this year under these unprecedented conditions.

It is encouraging to see how the Club, as a whole, has adapted to the year's events. Through your support, many of the gymnasts have maintained their interest and passion for the sport and the Club.

Our coaches have also adjusted to the challenges they have faced and through the free ZOOM classes, their energy levels, fun factor and smiling faces, have kept all the Club community in a positive spirit.

I personally congratulate you, the Coaches, and the volunteer Committee members for your continued support for the Club in these toughest of times and look forward to a 2021 full of renewed joy for all.

In reference to 2021, our Treasurer has worked tirelessly this year to secure small financial grants for the Club. These grants will serve our community well into 2021 in a number of ways. They will help the survival and growth of the Club, a contrast to other Clubs of this type which may or have folded this year.

The grants will help repair some ageing or damaged equipment, to purchase new equipment, to acquire new coaching aides full of colour and to strengthen the Club's safety and children's welfare.

We are also excited to re-introduce a **kindergym** program in 2021 which will provide an opportunity for children of pre-school age to engage in fun activities related to the sport and Club. We encourage all those who are interested in this program to register your, or your friend's interest with the Head Coach.

In appreciation of your continued support this year, the Club will be offering a "**FREE**" holiday program in January 2021.

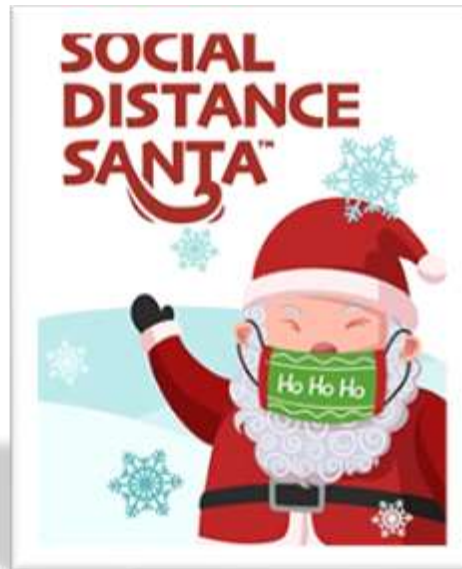
Child and community wellness are at the forefront of the Committee's thoughts and there would be no better way to start 2021 than with some



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fast and fun activities during the January holiday period. Please encourage friends and family to register their interest to these sessions. All COVID safety protocols will be adhered to.

The Committee extend their Best Wishes to you all this Festive Season and hope you enjoy this special time with your family and friends.



May next year be filled with hope and renewed happiness with the Club community even stronger than before.

Rob Notman – President

OUR COACHES ...

Our coaches have been there in the background doing a fantastic job keeping our gymnasts occupied with our **ZOOM** classes and at the end of the Term, classes in the gymnasium itself. Our thanks go to Head Coach, Amber, for coordinating all the activities. But thanks also go to the Coaches themselves for putting together unique programmes in the trying times we've faced. Thanks to each and every one of them, to Mahi, Freida, Zoe, Dana, Josh, Gracyn, Chelsey, Ally, James and Lexie.

The **ZOOM** programs enabled the children to participate in a very different gymnastics programme; using new technology but being



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restricted for space & equipment. A programme not tried before but one which was successfully delivered which engaged the children and continued their skills development. Well done.

To **ALL** our coaches, a big “**thank you**” on behalf of everyone.



LOOKING FORWARD ...

EXCITING NEWS

HOLIDAY GYMNASTICS PROGRAMME

BGC will be conducting a **FREE** Holiday Gymnastics Programme during January 2021.

Commencing Monday the 11th of January and on Wednesday 13th, Friday 15th, Monday 18th, Wednesday 20th and Friday 22nd BGC will be running sessions in the morning, early afternoon and late afternoon.

These will be fast and active sessions developing children’s skills & strength and giving them something special to look forward to during the holidays.

It has been a very difficult year for everyone, the children in particular. No school, no associating with friends, no extra curricular activities. BGC are playing their part to help. If you are unable to get away, this programme offers an exciting variation to the children’s day.

You can pick and choose which sessions you wish to attend.

Keep an eye on your **INBOX** for more details.

We’re excited ! The Coaches are excited !





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FUND RAISING ...

Can you believe Christmas will soon be upon us !

Usually at this time we would be holding our end-of-year display where we not only got to watch the children demonstrate the skills they learnt throughout the year, but we were able to raise needed funds for the Club to be able to purchase new equipment.

Unfortunately, as a result of COVID we have been unable to have our annual end-of-year display but we have managed to create a different kind of fundraiser. BGC have partnered with Mariska Nagy, one of our parents and a consultant with Arbonne, in creating an End of Year Christmas Fundraiser for the Club. Money raised from this event will go towards the purchase of new equipment, equipment repairs and coaching aides.

As a fundraiser this is something new for the Club as it will operate as an event through a FaceBook Group called 'Brentwood Gymnastics Club End of Year Christmas Fundraiser'. To join the Group, all you need to do is click on the link below and select '*Join Group*'. This link will be also be available from our own BGC FaceBook page.

<https://www.facebook.com/groups/1066747823766457>

Mariska will be posting information to the FaceBook Group in the days leading up to and after a 20-minute **LIVE** event which will be held at 8pm on Tuesday the 8th of December 2020.

If you are unable to tune in to the **LIVE** (we understand, it is a busy time of year) you will be able to watch the replay later. During the **LIVE**, Mariska will be sharing information on a selection of nutrition, sports, make-up and everyday products from the Arbonne catalogue as well as gift ideas for Christmas from her own Holiday Range catalogue.

The FaceBook event will remain open until Saturday the 19th December, although to ensure delivery before Christmas it is recommended you place your orders by Saturday, 12th December.



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For those of you who may not be on FaceBook, don't worry, you will not miss out. You can go to Mariska's website via the link below and check out what Arbonne has to offer.

<http://mariskanagy.arbonne.com>

Whether you join the FaceBook Group or take a look at Mariska's website, feel free to call her on 0414 224 619 with any questions you may have, for help to bundle up products to create your perfect Christmas gifts or to place an order to ensure the Club receives the benefits.

This is a special event for BGC and anyone purchasing Arbonne products will have the option to pay full RRP or you can choose to receive a 20% discount off the RRP. A commission based on the purchase price will come to the Club. A win-win for everyone.

This event and fundraiser is optional but we hope you can join in and we look forward to your support.

Happy shopping everyone



****** No member's personal details have been shared in the creation of this event.***





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For up-to-date health information, visit the [COVID-19 information hub](#) established by the **Victorian Department of Health and Human Services**.

Also visit this [Link](#) for a status from the **Federal Government**.

649 Ferntree Gully Road, GLEN WAVERLEY VIC 3150
PO Box 5081, BRANDON PARK VIC 3150
Email: headcoach@brentwoodgymnasticsclub.com.au
Tel: 0466 575 120
www.brentwoodgymnasticsclub.com.au



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